

Utilization Management and Medical Necessity for CMHB Services

June 2022

Objectives

- Introductions (5 min)
- Review of Services Requiring Utilization
 Management effective August 1st, 2022 (25 min)
 - Therapeutic Group Home (TGH)
 - Therapeutic Home Visit (THV)
 - Reminder this is currently required for PRTF admissions
 - Reminder existing trainings exist for PRTF and ABA services specifically, so they will NOT be covered in this training.
- Submitting a Request in Qualitrac Demo (20 min)
- Open Q&A (10 min)



INTRODUCTION

Who is here?

- Telligen:
 - Jean McClurken, LCSW
 - Behavioral Health Program Manager
- DPHHS:
 - Jackie Jandt
 - Medicaid Reform Specialist

- Mountain-Pacific Quality Health:
 - Michelle Lingenfelter
 - Customer Support Supervisor
- Providers:
 - All Providers who could benefit from a UM Refresher ©



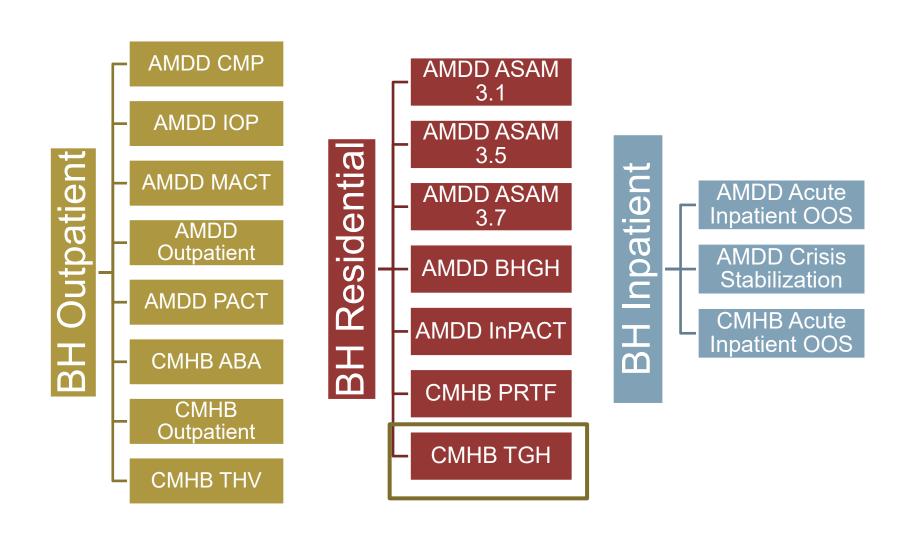
Review of Services Requiring Utilization Management

Available Review Types

All services (except youth mental health Genetic Testing) are rolled up into three main review types:

- 1. Behavioral Health Outpatient
- 2. Behavioral Health Residential
- 3. Behavioral Health Inpatient

Available Types of Service



Mountain-Pacific Website Qualitrac Portal and Provider Information

https://www.mpqhf.org/corporate/medicaid-portal-home/



Medicaid Utilization Review and Ambulance Provider Portal

Portal Sign In

Portal Registration

Does a code require a prior authorization?PRIOR AUTH CHECK.





























Home

Welcome to the Mountain-Pacific Quality Health Medicaid Provider Portal, powered by Telligen, an Iowa-based company with extensive experience providing utilization management services.

Using this Health Insurance Portability and Accountability Act of 1996 (HIPAA)-compliant portal, providers will have 24/7 access to:

- · Electronically submit new requests using "drag and drop" functionality vs. faxing or mailing documents
- Upload supporting documentation, e.g., medical records, letters, etc.
- · Review status of pending requests
- Review determinations (Notification of determinations are emailed to requesters.)
- Retrieve history of previous requests, determinations and prior authorization numbers

This portal provides a two-way, secure data exchange between requesting providers and Mountain-Pacific. We are always looking for ways to improve our partnership with providers. Our goal is to save time and gain efficiencies, and this portal helps do that.

Therapeutic Group Home (TGH)

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	Review Type in QT	Behavioral Health Residential	
	Place of Service	99 – Other Place of Service	
	Type of Service	CMHB Therapeutic Group Home	
	Timing	Prospective, Retrospective, Concurrent, Continued Stay	
	Procedure Code	S5145	
	MCG Guideline Name	Therapeutic Group Home Initial; Therapeutic Group Home (CSR
	Diagnostic/MNC Criteria	(1) Youth must meet SED criteria as described in CMHB Provider Manual; (2) The prognosis for treatment of the SED of the youth at a LLOC is poor because the youth demonstrate 3 or more of the following due to the SED: (a) Significantly impaired interpersonal or social functioning.; (b) Significantly impaired educational or occupational functioning; (c) Impairment of judgment (d) Poor impulse control; or (e) Lack of family or other community or social networks. (3) As a result of the SED, the youth exhibit an inability to perform activities of daily living (ADLs) in a developmentally appropriate manner; (4) As a result of the SED or MI, the youth exhibits internalizing or externalizing behavior that results in an inability for a caregiver to safely provide care and structure for the youth in a family setting; (5) The SED symptoms of the youth are of a severe or persistent nature requiring more intensive treatment and clinical supervision than can be provided by outpatient or in-home mental health service; (6) The youth exhibits behaviors related to the SED diagnosis that result in significant risk for placement in a PRTF or acute care if TGH services are not provided, or the youth is currently being treated or maintained in a more restrictive environment and requires a structured treatment environment to be successfully treated in a LLOC setting.	
		Personal Representative Panel in provider portal (QT) – As a the youth *For youth in emergency situations who meet the medic include the "Emergency 72 Hour TGH Payment Authorized Page 11 Page 12 Page 12 Page 12 Page 12 Page 12 Page 13 Page 13 Page 13 Page 14 Pa	cal necessity criteria for TGH level of care, please zation Form #009."
Ŀ	documentation to	Clinical Assessment Treatment Plan: Therapy notes: Bionsy discharge assessment from previous higher level of care; Ar	•
	support PA criteria	provide to demonstrate PA criteria including justification for service at requested LOC	

TGH, cont.

PA Required	Yes – Electronic fields in provider portal (QT)
Timeframe for PA request	No later than day of admission, no earlier than 10 business days prior to admission
Initial Authorization Period	*3 days for youth in emergency situations who meet the medical necessity criteria for TGH level of care and the "Emergency 72 Hour TGH Payment Authorization Form #009' has been uploaded
Outcome of missing PA timeframe	Technical denial if received earlier than 10 business days; Requests received after admit date will be reviewed for MNC from the date of submission moving forward
TAT for UM review of PA	2 business days (additional 4 business days if PR)
CSR Required	*If a youth is <u>readmitted</u> into TGH services in less than 14 calendar days, a provider must submit a CSR
CSR Criteria	 (1) The youth continue to meet the SED criteria as described in the CMHB Provider Manual; (2) The prognosis for treatment of the SED at a LLOC remains poor because the youth still demonstrate 2 or more of the following: (a) Significantly impaired interpersonal or social functioning; (b) Significantly impaired educational or occupational functioning; (c) Impairment of judgment; or (d) Poor impulse control. (3) As a result of the SED, the youth exhibit an inability to perform activities of daily living (ADLs) in a developmentally appropriate without the structure of the TGH; (4) The SED symptoms of the youth are of a severe or persistent nature requiring more intensive treatment and clinical supervision than can be provided by outpatient or in-home mental health service. (5) The youth has demonstrated progress toward identified treatment goals and has a reasonable likelihood of continued progress.

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TGH, cont.

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Therapeutic Home Visit (THV)

Review Type in QT	ehavioral Health Outpatient
Place of Service	99 – Other Place of Service
Type of Service	CMHB Therapeutic Home Visit
Timing	Prospective, Retrospective, Concurrent, Continued Stay
Procedure Code	*Either revenue Code 183 (PRTF) or procedure code S5145 (TGH) will be connected to case following review
MCG Guideline Name	MT I herapeutic Home Visits
Diagnostic/MNC Criteria	 (1) The youth must be receiving services in a TGH or a PRTF. The following information must be submitted: (a) Demonstrates progress toward identified treatment goals; (b) Supports a therapeutic plan to transition the youth to a less restrictive level of care; (c) The youth has been prepared for the THV evidenced by a written crisis plan and a written plan for provider contact with the youth and legal representative during the visit; and (d) Has a viable discharge plan.
Examples of clinical documentation to support PA criteria	Most recent treatment plan of TGH or PRFT demonstrating progress towards goals; discharge plan of TGH or PRFT including projected discharge date and progress towards completion of the plan; progress notes or assessments from TGH or PRFT detailing the following: changes to DSM/ICD diagnosis, description of Interventions and critical incidents. Any additional clinical documentation provider sees fit to provide to demonstrate PA criteria including justification for continued service at current LOC
PA Required	Yes – Electronic fields in provider portal (QT) *Required for each stay that will exceed 3 patient days per visit ** "Admit date" in QT is the first planned day of the home visit

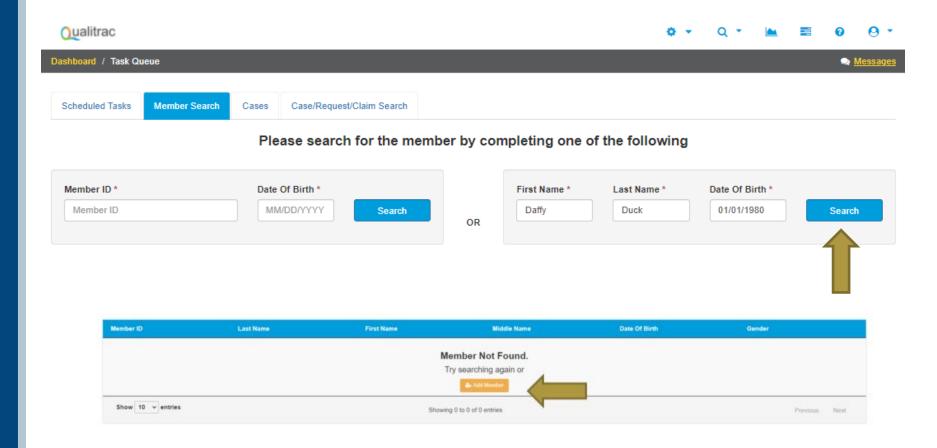
THV, cont.

Timeframe for PA request	Between 10 and 5 business days prior to the scheduled THV *If unexpected circumstances prevent the youth from returning from the THV within the 3 days, provider must submit the request no later than 1 business day prior to the end of the 3 patient days
Initial Authorization Period	Up to 11 days for a maximum benefit per fiscal year (July 1 June 30)
	*Note in final comments window of QT the quantity of days requested for he home visit.
Outcome of missing PA timeframe	Technical denial if submitted more than 10 business days prior to requested start date, review for submission date and forward from date of late request.
TAT for UM review of PA	2 business days (additional 4 business days if PR)
CSR Required	Yes – Electronic fields in provider portal (QT)
CSR Criteria	(1) Unexpected circumstances prevent the youth from returning from the THV within the time specified with subsequent authorizations.
Examples of clinical documentation to support CSR criteria	Any documentation provider sees fit to provide to demonstrate CSR criteria including justification for continued service
Timeframe for CSR	No later than 1 business days prior to the end of the time specified with prior authorizations
CSR coverage period	Up to 14 days for a maximum benefit per fiscal year (July 1 – June 30)
Outcome of missing CSR timeframe	Technical denial prior to day of submission, review for submission date and forward
TAT for UM review of CSR	2 business days (additional 4 business days for PR)
Outcome of UM for PA or CSR	Approval, Denial, or Outcome Not Rendered
Discharge Notification Required	Yes – Completed via Discharge Status Task in QT *Discharge date will serve as end date of home visit

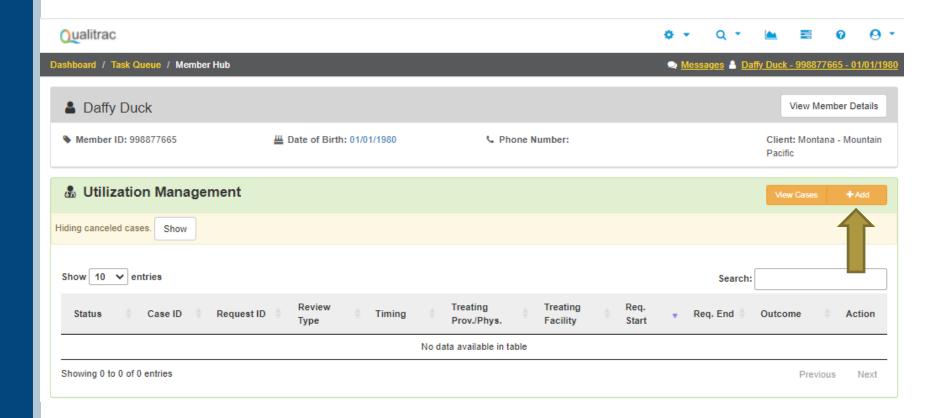


USING QUALITRAC

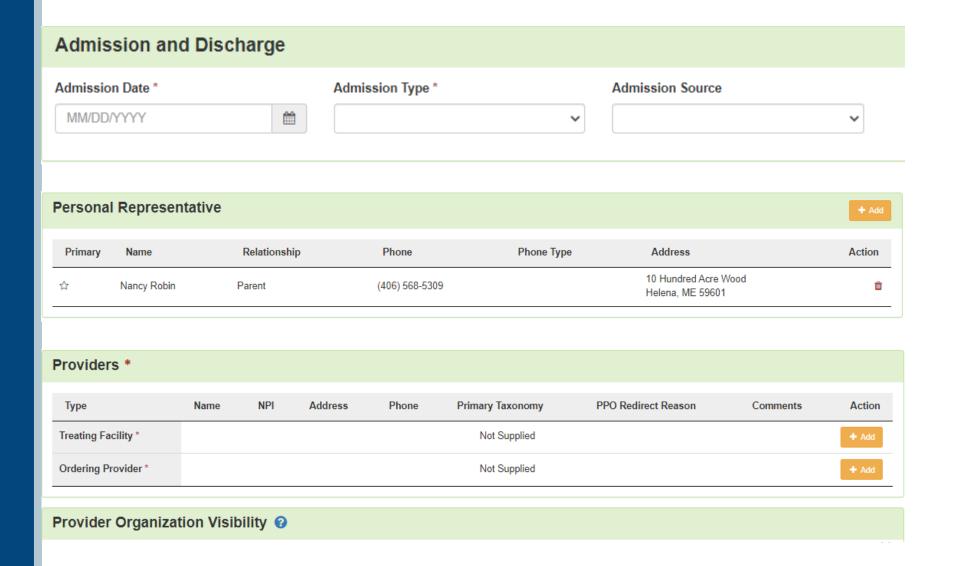
Member Search



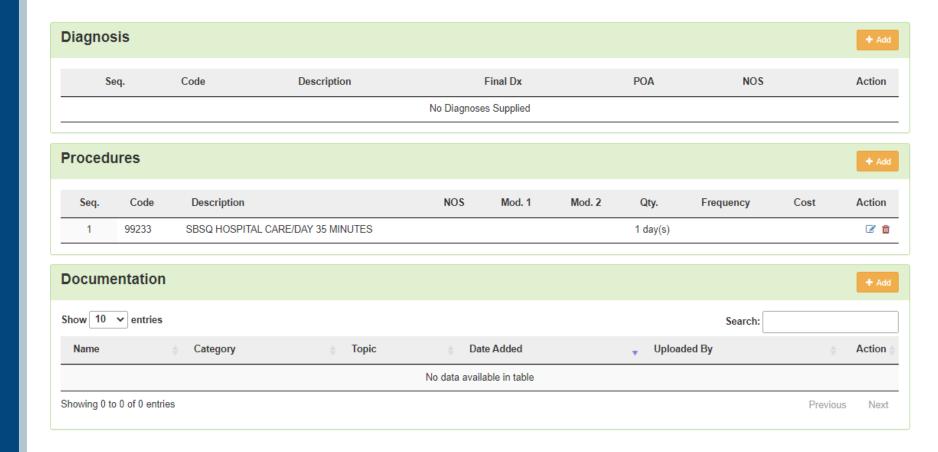
Add Review



Qualitrac Review Panels 1 of 2



Qualitrac Review Panels 2 of 2



Understanding the Qualitrac RFIs

Our review team will potentially send an RFI for the following reasons:

- We have difficulty locating an element of criteria in the supporting documentation
- More updated/current documentation is being requested

Our review team will endeavor to use the following format when requesting an RFI:

- Unable to find evidence of the following criteria: (1) < list specific criteria > (2) etc.
- Unable to find more recent date in clinical than X business days prior to the requested start date of the service you have submitted the review for, and the timeliness requirements for requesting this service were set at no early then X business days
- (*) Please either provide us with additional clinical documentation or let us know where in the documentation you already uploaded this criteria can be found.

RFIs have 5 business days before the case will technically deny

 Cases with a technical denial should be reopened when new clinical is available to appropriately respond to the original RFI.



Jumping into Qualitrac

DEMO



QUESTIONS?