

Utilization Management and Medical Necessity for AMDD Services

June 2022

Objectives

- Introductions (5 min)
- Review of Services Requiring Utilization
 Management effective August 1st, 2022 (25 min)
 - Behavioral Health Group Home (BHGH);
 - Crisis Stabilization Program;
 - Montana Assertive Community Treatment (MACT);
 - Tiered Program for Assertive Community Treatment (PACT) program including all three levels, InPACT, PACT, and CMP;
 - Transcranial Magnetic Stimulation (TMS);
- Submitting a Request in Qualitrac Demo (20 min)
- Open Q&A (10 min)



INTRODUCTION

Who is here?

- Telligen:
 - Jean McClurken, LCSW
 - Behavioral Health Program Manager
- Mountain-Pacific Quality Health:
 - Michelle Lingenfelter
 - Customer Support Supervisor
- Providers:
 - All Providers who could benefit from a UM Refresher ©

- DPHHS:
 - Isaac Coy, LAC
 - Treatment Program Manager, Addictive and Mental Disorders Division
 - Melissa Higgins
 - Bureau Chief, Addictive and Mental Disorders Division
 - Jackie Jandt
 - Medicaid Reform Specialist



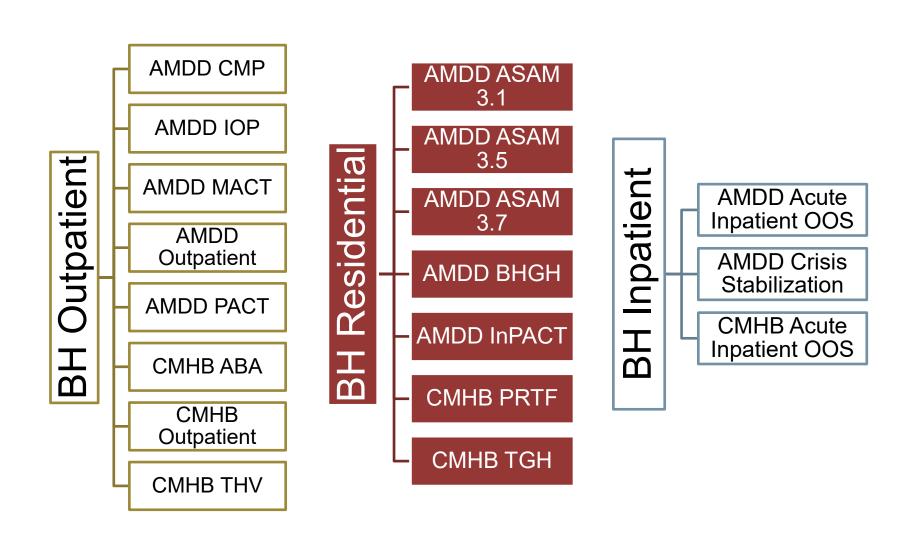
Review of Services Requiring Utilization Management

Available Review Types

All services (except youth mental health Genetic Testing) are rolled up into three main review types:

- 1. Behavioral Health Outpatient
- 2. Behavioral Health Residential
- 3. Behavioral Health Inpatient

Available Types of Service



Mountain-Pacific Website Qualitrac Portal and Provider Information

https://www.mpqhf.org/corporate/medicaid-portal-home/



Medicaid Utilization Review and Ambulance Provider Portal

Portal Sign In

Portal Registration

Does a code require a prior authorization? PRIOR AUTH CHECK.





























Home

Welcome to the Mountain-Pacific Quality Health Medicaid Provider Portal, powered by Telligen, an Iowa-based company with extensive experience providing utilization management services.

Using this Health Insurance Portability and Accountability Act of 1996 (HIPAA)-compliant portal, providers will have 24/7 access to:

- · Electronically submit new requests using "drag and drop" functionality vs. faxing or mailing documents
- Upload supporting documentation, e.g., medical records, letters, etc.
- · Review status of pending requests
- Review determinations (Notification of determinations are emailed to requesters.)
- Retrieve history of previous requests, determinations and prior authorization numbers

This portal provides a two-way, secure data exchange between requesting providers and Mountain-Pacific. We are always looking for ways to improve our partnership with providers. Our goal is to save time and gain efficiencies, and this portal helps do that.

Behavioral Health Group Home (BHGH)

AMDD Manual Policy #445, #205, #210

Review Type in QT	Behavioral Health Residential
Place of Service	99 – Other Place of Service
Type of Service	AMDD BHGH
Timing	Prospective, Retrospective, Concurrent
Procedure Code and Modifier	S5102
MCG Guideline Name	Pending
MNC/Diagnostic Criteria	 (1) Meets the Severe and Disabling Mental Illness (SDMI) criteria, as described in the current AMDD manual; (2) Meets the Level of Impairment for this level of care; (3) Community-based residential care is needed under supervision of licensed healthcare professional on a daily or near daily basis (at least 5 days a week); and (4) Situations and expectations are appropriate for short-term community-based residential care.
Examples of clinical documentation to support PA criteria	BPS Assessment indicating need for clinical level of care and diagnostic evidence of SDMI; LOI worksheet; clinical information from other clinical support services previously attempted (ie outpatient, crisis stabilization, inpatient, nursing home, case management, HSS, etc.)
PA required	Yes – Electronic fields in provider portal (QT)
Timeframe for PA request	No earlier than 5 business days
Initial Authorization Period	MNC up to 60 days
Outcome of missing PA timeframe	Technical denial for requests earlier than 5 business days; Requests received after admission will be reviewed for MNC from date of submission moving forward
TAT for UM review of PA	3 business days (additional 3 business days for PR)

Behavioral Health Group Home (BHGH), cont.

CSR Required	Yes – Electronic fields in provider portal (QT) * If beyond 120 days, evidence of outcome of referral for SDMI HCBS waiver screening must be submitted
CSR Criteria	 (1) Meets the Severe and Disabling Mental Illness (SDMI) criteria, as described in the current AMDD manual; (2) Meets the Level of Impairment for this level of care; (3) Community-based residential care is needed under supervision of licensed healthcare professional on a daily or near daily basis (at least 5 days a week); and (4) Situations and expectations are appropriate for short-term community-based residential care.
Required CSR Information	 (1) Changes to DSM/ICD diagnosis; (2) Justification for continued services at this level of care; (3) A description of mental health and/or substance use disorder interventions and critical incidents; (4) A copy of the member's most recent individualized treatment plan (ITP); (5) A list of current medications and rationale for medication changes, if applicable; (6) A projected discharge date and clinically appropriate discharge plan, citing evidence of progress toward completion of that plan.
Examples of clinical documentation to support CSR criteria	Progress/Shift notes; Assessments & Evaluations; Therapy notes; Case Management notes
Timeframe for CSR	No earlier than 5 business days prior to last covered day
CSR coverage period	MNC up to 60 days
Outcome of missing CSK timeliame	period has expired will be reviewed for MNC from the date of submission moving forward
TAT for CSR	3 business days (additional 4 business days for PR)
Outcome of UM for PA or CSR	Approval. Partial. Denial. or Outcome Not Rendered
Discharge Notification Required	Yes – Completed via Discharge Status Task in QT

Crisis Stabilization Program

AMDD Manual Policy #450, #206, #206a

Review Type in QT	Behavioral Health Inpatient
Place of Service	99 – Other Place of Service
Type of Service	AMDD Crisis Stabilization
Timing	Retrospective, Concurrent, Continued Stay
Procedure Code	S9485
MCG Guideline Name	Pending
Diagnostic/MNC Criteria	 (1) Any mental health diagnosis from the current version of the DSM or ICD diagnosis as the primary diagnosis and both of the following: (a) active treatment is occurring which is focused on stabilizing or reversing symptoms that meet admission criteria; and (b) LLOC is inadequate to meet the member's treatment or safety needs. (2) At least one of the following: (a) there is reasonable likelihood of a clinically significant benefit resulting from medical intervention requiring the inpatient setting; (b) there is a high likelihood of either risk to the member's safety, clinical well-being, or further significant acute deterioration in the member's condition without continued care and LLOC are inadequate to meet these needs; or (c) the appearance of new impairments meeting admission guidelines.
Examples of clinical	(1) Intake/admission paperwork from appropriately licensed clinician indicting diagnostic impression and initial plan
documentation to support	
PA criteria	(2) Discharge plan indicating projected discharge date; and
	(3) Treatment notes indicating active treatment focused on stabilizing concerns meeting admission criteria and
DA D : 1	clinical justification for treatment (particularly days 6-8).
PA Required	*ONLY if more than 5 days – Electronic fields in provider portal (QT)
Timeframe for PA request	During first 5 days of active treatment
Initial Authorization Period	8 days
Outcome of Missing PA Timeframe	Retrospective QA will review for timeliness of all requests submitted, see AMDD policy #206a
TAT for UM review of PA	NA - These are Automatically Authorized
CSR Required	Yes – Electronic fields in provider portal (QT)

Crisis Stabilization Program, cont.

CSR Criteria	(1) Any mental health diagnosis from the current version of the DSM or ICD diagnosis as the primary diagnosis and both of the following:
	(a) active treatment is occurring which is focused on stabilizing or reversing symptoms that meet admission criteria; and
	(b) LLOC is inadequate to meet the member's treatment or safety needs. (2) At least one of the following:
	(a) there is reasonable likelihood of a clinically significant benefit resulting from medical intervention requiring the inpatient setting;
	 (b) there is a high likelihood of either risk to the member's safety, clinical well-being, or further significant acute deterioration in the member's condition without continued care and LLOC are inadequate to meet these needs; or (c) the appearance of new impairments meeting admission guidelines.
Required CSR Information	 (1) Clinical paperwork (such as assessments and/or treatment notes) from appropriately licensed clinician indicating any changes to diagnostic impression and justification for continued services at this level of care; (2) Current treatment plan describing progress with clinical interventions and any critical incidents; (3) Medication list with explanation of any changes; (4) Discharge plan including projected discharge date
Timeframe for CSR	Prior to last covered day
CSR coverage period	MNC up to 3 days
Outcome of missing CSR timeframe	Retrospective QA will review for timeliness for first two CSR requests submitted, see AMDD policy #206a
	Any additional CSRs submitted will have a technical denial if received earlier than 3 business days; Requests received after the authorized period has expired will be reviewed for MNC from the date of submission moving forward
TAT for UM review of CSR	First two CSRs submitted are Automatically Authorized
	Any additional CSRs submitted will have a TAT of 3 business days (additional 4 business days for PR)
Outcome of UM for PA or CSR	Approval, Partial, Denial, or Outcome Not Rendered
Discharge Notification Required	Yes – Completed via Discharge Status Task in QT

Montana Assertive Community Treatment (MACT)

AMDD Manual Policy #455, #205, #210

Review Type in QT	Behavioral Health Outpatient
Place of Service	99 – Other Place of Service
Type of Service	AMDD MACT
Timing	Prospective, Retrospective, Concurrent, Continued Stay
Procedure Code	H0037 HT
MCG Guideline Name	MACT Initial
MNC/Diagnostic Criteria	(1) Member must meet the SDMI criteria; and (2) The member must need PACT services as described in the Substance Abuse and Mental Health Services Administration, Assertive Community Treatment (ACT) Evidence-Based Practices (EBP) KIT, Training Frontline Staff, Module 1 at: https://store.samhsa.gov/product/Assertive-Community-Treatment-ACT-Evidence-BasedPractices-EBP-KIT/SMA08-4344
PA Required	No
Timeframe for PA request	NA
Initial Authorization Period	180 days
Outcome of missing PA timeframe	NA
TAT for UM review of PA	NA
CSR Required	Yes

Montana Assertive Community Treatment (MACT), cont.

CSR Criteria	 (1) Meets SDMI criteria as described in AMDD Provider Manual; (2) Behavioral health disorder is present and appropriate for assertive community treatment; (3) Member has history of poor engagement with outpatient services and is at risk of recurrent psychiatric hospitalization or institutionalization; and (4) Situation and expectations are appropriate for MACT;
Required CSR Information	 (1) Changes to DSM/ICD diagnosis; (2) Justification for continued services at this level of care; (3) A description of mental health and/or substance use disorder interventions and critical incidents; (4) A copy of the member's most recent individualized treatment plan (ITP); (5) A list of current medications and rationale for medication changes, if applicable; (6) A projected discharge date and clinically appropriate discharge plan, citing evidence of progress toward completion of that plan.
Examples of clinical documentation to support CSR criteria	 (a) An annual clinical assessment that follows the guidelines in the AMDD Medicaid Provider Manual; (b) A social determinants of health assessment upon admission and annually for each member who is authorized to receive services for more than 365 days; (c) An individualized treatment plan that is updated every 90 days or when there is a change to the member's strengths, areas of concern, goals, objectives, or interventions. (d) A Serious and Disabling Mental Illness and Level of Impairment worksheet upon admission and updated with each treatment plan update; And (e) Relevant progress notes from those provided as required in ARM 37.85.414.
Timeframe for CSR	No earlier than 5 business days prior to last covered day
CSR coverage period	180 days
Outcome of missing CSR timeframe	Technical denial if received earlier than 5 business days; Requests received after the authorized period has expired will be reviewed for MNC from the date of submission moving forward
TAT for CSR	3 business days (additional 4 business days for PR)
Outcome of UM for PA or CSR	Approval, Denial, or Outcome Not Rendered
Discharge Notification Required	Yes – Completed via Discharge Status Task in QT

PACT Tier: InPACT, PACT, and CMP

AMDD Manual Policy #460, #205, #210

Review Type in QT	Behavioral Health Residential	Behavioral Health Outpatient	Behavioral Health Outpatient
Place of Service	99 – Other Place of Service		
Type of Service	AMDD InPACT	AMDD PACT	AMDD CMP
Timing	Prospective, Retrospective, Concurrent, Continued Stay		
Procedure Code	S5102 HT	H0040	H0040 HT
MCG Guideline Name	InPACT Initial	PACT Initial	CMP Initial
Diagnostic/MNC Criteria	Administration, Assertive Communi Frontline Staff, Module 1 at: https://Evidence-Based-Practices-EBP-KITINPACT Specific: (1) Member requires daily clinical si (2) Member is discharging from MS (3) Member is at serious risk of involunit or a crisis stabilization unit). PACT Specific:	escribed in the Substance Abuse and ty Treatment (ACT) Evidenced-Base store.samhsa.gov/product/Assertive-F/SMA08-4344. upport and direct care in order to add the or MMHNCC; or oluntary hospitalization (recently provident of the community per week contacts in the community per week	d Practices (EBT) KIT, Training Community-Treatment-ACT- dress needs; and rided services at a behavioral health

PACT Tier, cont.

Type of service	AMDD InPACT	AMDD PACT	AMDD CMP
Examples of clinical documentation to support PA criteria	Documentation that member is enrolled in PACT; Medication Management Sheets with administration, delivery, and monitoring; Care Coordination documentation, 24 hour crisis response documentation; psychosocial rehab, vocab, SUD treatments; Therapy notes and Peer support notes. Dated Information must be as close to the request date as possible.	Medication Management Sheets with administration, delivery, and monitoring; Care Coordination documentation, 24 hour crisis response documentation; psychosocial rehab, vocab, SUD treatments; Therapy notes and Peer support notes. Dated Information must be as close to the request date as possible.	Documentation that member is enrolled in PACT; Medication Management Sheets with administration, delivery, and monitoring; Care Coordination documentation, 24 hour crisis response documentation; psychosocial rehab, vocab, SUD treatments; Therapy notes and Peer support notes. Dated Information must be as close to the request date as possible.
PA Required	Yes – Electronic fields in provider portal (QT)	No	No
Timeframe for PA request, if required	No earlier than 5 business	days prior to requested star	t date of services
Initial Authorization Period	MNC up to 60 days	180 days	365 days
Outcome of missing PA timeframe	Technical denial for requests earlier than 5 business days; Requests received after admission will be reviewed for MNC from date of submission moving forward		
TAT for UM review of PA	3 business days (additiona	il 3 business days for PR)	
CSR Required	Yes – Electronic fields in provider portal (QT) * If beyond 120 days, evidence of outcome of referral for SDMI HCBS waiver screening must be submitted	Yes	Yes

PACT Tier, continued

Type of service	AMDD InPACT	AMDD PACT	AMDD CMP
CSR Criteria	 (1) Meets SDMI criteria as described in AMDD Provider Manual; (2) Member is at risk of admitting or being discharged from an acute or crisis setting; (3) Situation and expectations are appropriate for PACT Intensive. 	(1) Behavioral health disorder is present and appropriate for assertive community treatment; (2) Member is at risk of admitting or being discharged from an acute or crisis setting; (3) Member has history of poor engagement with outpatient services and is at risk of recurrent psychiatric hospitalization or institutionalization; and (4) Situation and expectations are appropriate for PACT;	 (1) Meets SDMI criteria as described in AMDD Provider Manual; (2) Member is at risk of admitting or being discharged from an acute or crisis setting; (3) Member is at risk of recurrent psychiatric hospitalization or institutionalization; (4) Situation and expectations are appropriate for CMP Intensive.
Required CSR Information			
Discharge Notification Required	Yes – Completed via Discharge	Status Task in QT	

Transcranial Magnetic Stimulation (TMS)

AMDD Manual Policy #475, #205, #210

Review Type in QT	Behavioral Health Outpatient
Place of Service	99 – Other Place of Service
Type of Service	AMDD Outpatient
Timing	Prospective, Retrospective, Concurrent, Continued Stay
Procedure Code	90867 (Initial); 90868 (Treatment); or 90869 (Taper)
	B-801-T – Transcranial Magnetic Stimulation
Diagnostic/MNC Criteria	B-801-T — Transcranial Magnetic Stimulation (1) Must have been diagnosed by a licensed physician or psychiatrist with one of the following within the past 30 days: (a) F-32.2 Major Depressive disorder, single episode, severe without psychotic features; or (b) F-32.3 Major Depressive Disorder, recurrent episode, severe with psychotic features; or (c) F-33.2 Major Depressive Disorder, recurrent episode, severe without psychotic features; or (d) F-33.3 Major Depressive Disorder, recurrent episode with psychotic features. (2) Must meet at least one of the following: (a) Member has failed to respond to a least four medication trials from at least two antidepressant medication classes; or (b) Inability to tolerate four agents from two different agent classes with distinct side effects: or (c) Has declined Electroconvulsive Therapy (ECT) in favor of TMS as a less invasive option; or (3) There must be documentation to the use of an evidence-based psychotherapy known to be effective in the treatment of MDD that was provided and lacked significant improvement in depressive symptoms as determined by an evidence-based depressive symptom inventory. (4) The referral for TMS treatment and repeat treatment must be written by a physician or psychiatrist licensed to practice medicine who has examined the patient and reviewed the record and has experience administering TMS therapy. The treatment must be given under the supervision of this physician or psychiatrist. (5) TMS must be delivered by a device that is FDA approved for the treatment of Major Depressive Disorder in a safe and effective manner. TMS should follow the protocol and parameters specified in the manufacturer's user manual, with modifications only as supported by the published scientific evidence base. Exclusions: TMS is not covered in the following circumstances and is considered not reasonable and necessary: (1) There is a presence of psychotic symptoms in the current episode. (2) There is a presence of conductive, ferromagnetic, or other magnetic
	(5) There is active substance use.

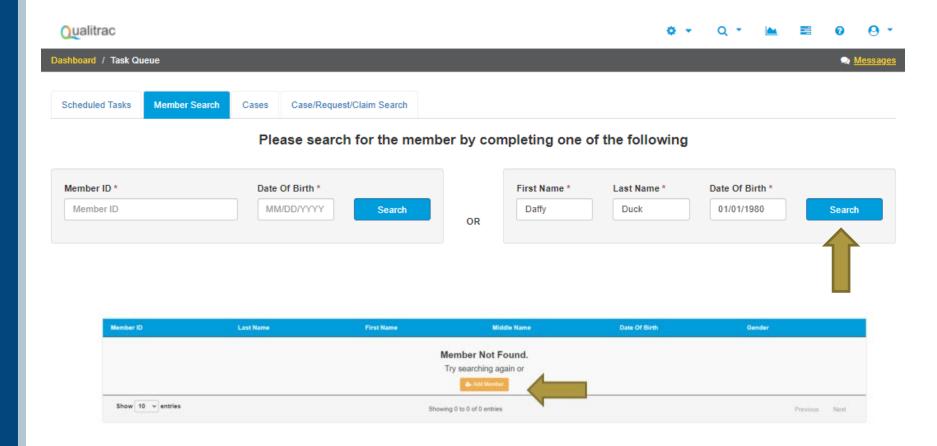
TMS, cont.

Required documentation to support MNC.	Evidence of previous treatment attempts to address above requirements; clinical consult notes; assessments notes; visit notes; medication lists; and any other documentation to support the medical necessity of this service.
PA Required	Yes – Electronic fields in provider portal (QT)
Timeframe for PA request	No earlier than 5 business days prior to admit date
Authorization Period	MNC up to 36 units: 90867 = 1 unit; 90868 = 29 units; 90869 = 6 units * Procedure codes will be reviewed separately for MNC even if requested in same authorization request
Outcome of missing PA timeframe	Technical denial for requests earlier than 5 business days; Requests received after admission will be reviewed for MNC from date of submission moving forward
TAT for UM review of PA	3 business days (additional 3 business days for PR)
Ext Req Required	Yes – Electronic fields in provider portal (QT) * If requesting additional units to reach 36 max units; if new request to start series over, please resubmit as new Prospective timing
Ext Req Criteria	Repeat acute treatment for relapse of depressive symptoms if the member responded to prior treatments as evidenced by a > 50 percent improvement in a standard rating scale (as noted in MNC above) for depressive symptoms for up to 30 visits for the acute phase treatment followed by an additional 6 visits for tapering.
Ext Req Information	 (1) Changes to DSM/ICD diagnosis; (2) Justification for continued services at this level of care; (3) A description of mental health and/or substance use disorder interventions and critical incidents; (4) A copy of the member's most recent individualized treatment plan (ITP) specific to CMP; (5) A list of current medications and rationale for medication changes, if applicable; (6) A projected discharge date and clinically appropriate discharge plan, citing evidence of progress toward completion of that plan.
Examples of clinical documentation to support Ext Req criteria	Clinical evidence of positive response to TMS treatment; progress notes; therapy notes; assessments or evaluations
Timeframe for Ext Req	No earlier than 5 business days prior to last covered day
Ext Req coverage period	MNC as remaining after previous authorizations towards 36 max units per case.
Discharge Notification Required	No 19

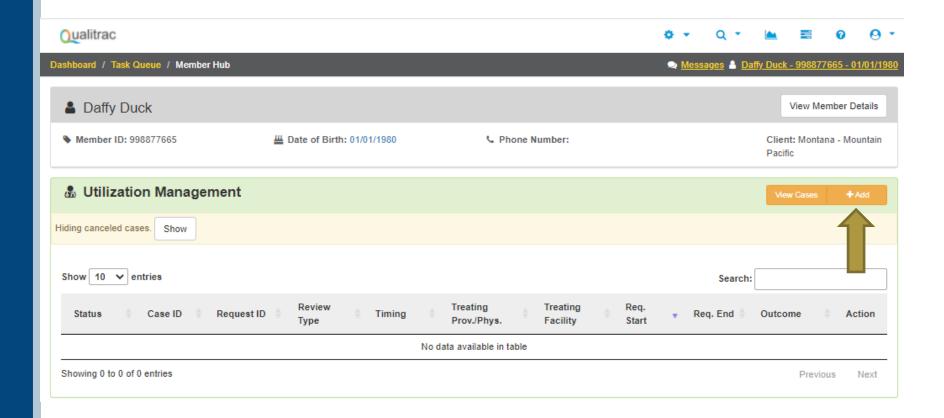


USING QUALITRAC

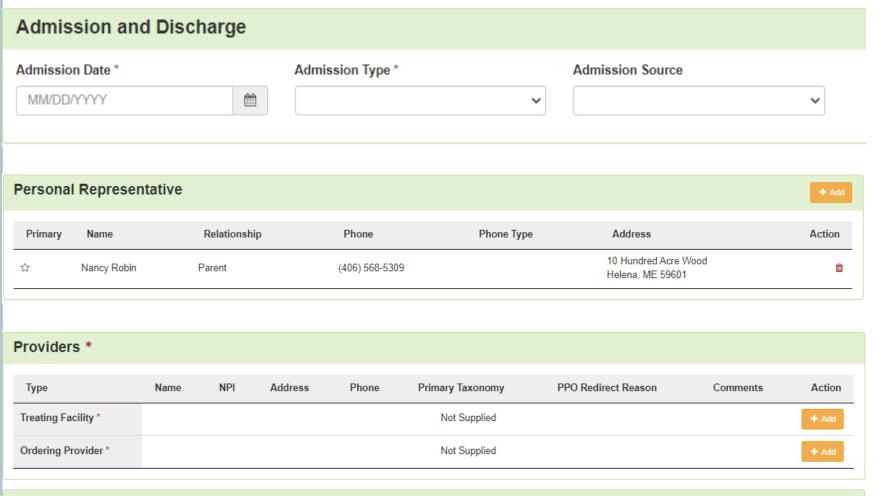
Member Search



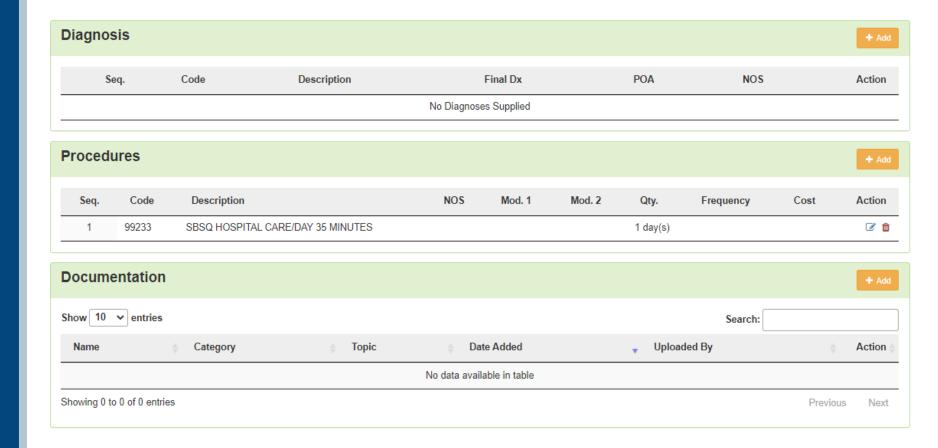
Add Review



Qualitrac Review Panels 1 of 2



Qualitrac Review Panels 2 of 2



Understanding the Qualitrac RFIs

Our review team will potentially send an RFI for the following reasons:

- We have difficulty locating an element of criteria in the supporting documentation
- More updated/current documentation is being requested

Our review team will endeavor to use the following format when requesting an RFI:

- Unable to find evidence of the following criteria: (1) < list specific criteria > (2) etc.
- Unable to find more recent date in clinical than X business days prior to the requested start date of the service you have submitted the review for, and the timeliness requirements for requesting this service were set at no early then X business days
- (*) Please either provide us with additional clinical documentation or let us know where in the documentation you already uploaded this criteria can be found.

RFIs have 5 business days before the case will technically deny

• Cases with a technical denial should be reopened when new clinical is available to appropriately respond to the original RFI.



Jumping into Qualitrac

DEMO



QUESTIONS?