

### Montana Healthcare Programs Prior Authorization for use of Growth Hormones

(Preferred Growth Hormones: Norditropin® and Genotropin®)

Member Information			
Name:		Name:	
DOB:	Gender:	Specialty:	
Member ID #:		Phone:	Fax:
Requested Drug Name/Dosage Form/Strength:		Office Contact for Request:	

**Please complete information below and ATTACH ALL SUPPORTING DOCUMENTATION for applicable situation, Initiation or Continuation of therapy (updates required annually):**

#### ☐ INITIATION OF THERAPY Please indicate diagnosis:

- ☐ Growth hormone deficiency (GHD)-pediatric    ☐ Prader-Willi syndrome    ☐ Noonan syndrome  
☐ Growth hormone deficiency (GHD)-adult    ☐ Turner syndrome (females only)    ☐ Short bowel syndrome  
☐ Chronic renal insufficiency (with estimated GFR < 75 ml/min—Provide eGFR: \_\_\_\_\_ ml/min)    ☐ HIV/AIDS wasting or cachexia  
☐ Small for gestational age (SGA)    ☐ Other: \_\_\_\_\_  
 (Note: Diagnosis of Idiopathic Short Stature (ISS) requires proof of medical necessity with supporting documentation detailing how the condition is adversely affecting the members's physical health).

- Medication is being prescribed by, or in consult with, an endocrinologist: ☐ Yes    ☐ No  
**Action Required:** If not in a specialty clinic or written by a specialist, information on annual consult with the appropriate specialist is required:  
 Name of Specialist: \_\_\_\_\_ Contact Date: \_\_\_\_\_
- Has a brain MRI been performed to exclude the possibility of an intracranial lesion/tumor? ☐ Yes    ☐ No    ☐ N/A  
 If no MRI performed, provide rationale: \_\_\_\_\_
- Is member's height more than 2SD below mean height (or wt if SGA) for chronological age? ☐ Yes    ☐ No  
☐ N/A (adult)  
**IF SGA**, has member failed to achieve catch-up growth by age 2? (attach growth chart) ☐ Yes    ☐ No
- Is the member's growth velocity < 5 cm/year? ☐ Yes    ☐ No    ☐ N/A (adult)  
 Growth velocity: \_\_\_\_\_ Date: \_\_\_\_\_
- Is bone age <14-15 years (female); <15-16 years (male)? ☐ Yes    ☐ No    ☐ N/A-adult    Epiphyses are: ☐ Open  
☐ Closed    ☐ N/A-adult
- IF GHD (Pediatric):** TWO provocative GH stimulation tests (must be <10 ng/ml) required unless known pathology of CNS, h/o irradiation, other pituitary defects, or other genetic condition associated with GHD (only ONE stimulation test required):  
 Test 1: type \_\_\_\_\_ Peak GH Value: \_\_\_\_\_ ng/ml    Date: \_\_\_\_\_  
 Test 2: type \_\_\_\_\_ Peak GH Value: \_\_\_\_\_ ng/ml    Date: \_\_\_\_\_  
 If only one test submitted, provide rationale: \_\_\_\_\_

7. **IF GHD (Adult):**

- ☐ Adult with history of pediatric GHD or adult onset with hypothalamic or pituitary disease and at least **one** other pituitary hormone deficiency *requiring replacement*. Provide IGF-1 level and **one** GH stimulation test result:  
IGF-1 level: \_\_\_\_\_ ng/ml *Normal IGF-1 range:* \_\_\_\_\_ ng/ml GH Stimulation Test type \_\_\_\_\_  
Peak GH Value: \_\_\_\_\_ ng/ml
- ☐ Adult onset with hypothalamic or pituitary disease and documented panhypopituitarism *requiring replacement*?  
☐ Yes ☐ No IGF-1 level required: \_\_\_\_\_ ng/ml *Normal IGF-1 range:* \_\_\_\_\_ ng/ml

Indicate current hormone replacement therapies: \_\_\_\_\_

8. **IF Turner Syndrome (Females only):**

- Is the member's height below the fifth percentile for age on the normal female growth chart? ☐ Yes ☐ No  
Current Height: \_\_\_\_\_ Date: \_\_\_\_\_
- Is bone age <14-15 years? ☐ Yes ☐ No Epiphyses are: ☐ Open ☐ Closed

9. Please provide any additional pertinent information if necessary ( i.e., reason for request of non-preferred drug, etc.):

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☐ **CONTINUATION OF THERAPY UPDATE** (Information below required for pediatric GH deficiency, chronic renal insufficiency, Prader-Willi/Turner/Noonan syndrome and SGA. Update only required for other diagnoses).

1. **Bone age must be <14-15 years (female); <15-16 years (male)**

Bone age per radiological report: \_\_\_\_\_ Date of last bone age test: \_\_\_\_\_

2. Epiphyses are: ☐ Open ☐ Closed

Please complete form, including required attachments and fax to  
Drug Prior Authorization Unit at 1-800-294-1350.