

Montana Healthcare Programs Drug Prior Authorization Coverage Criteria

Grastek™ (timothy grass pollen allergen extract)

Review Criteria

Member must meet all the following criteria:

• Initial Approval:

- Requires allergist consult to confirm specific allergy (by positive skin-prick test or pollen specific IgE test to specific grass pollen allergens). <u>This can</u> be written or verbal confirmation from the allergist.
- Requires trial on an oral antihistamine <u>AND</u> nasal steroid where both have been ineffective, contraindicated or not tolerated
- Approval duration is determined on whether patient is taking seasonally or year-round.
- o Limitations:
 - MDD 1.0

Annual Renewal:

- Determine compliance via fill history. If not compliant, initiate discussion with provider to determine appropriateness of continuation of therapy
- If approved, approval duration above applies