

INFECTION CONTROL AND PREVENTION TRAININGS

**F945 (REV. 211; ISSUED: 02-03-23;
EFFECTIVE: 10-21-22;
IMPLEMENTATION: 10-24-22)**

§483.95(e) Infection control. A facility must include, as part of its infection prevention and control program, mandatory training that includes the written standards, policies and procedures for the program as described at §483.80(a)(2).

The following training programs have been deemed by the Centers for Medicare & Medicaid Services (CMS) to meet the requirements of an infection control and prevention program for nursing homes:

- Quality, Safety & Education Portal (QSEP)
Updated April 2023
- HealthCare Academy
- HealthStream
- Project Firstline
- Relias

Please note, while these trainings have been vetted by CMS, it is possible your facility training program could also meet regulatory requirements.



QSEP PORTAL

- CMS targeted COVID-19 training
- For nursing home staff
- For nursing home management
- COVID-19 training in Spanish for nursing homes
- Includes trainings used by surveyors regarding COVID-19
- Free training

Updated April 2023:

- Opt-in or test-out to skip a training and focus learning exactly where it is needed.
- Train as a group or by mobile phone, tablet or desktop.
- Complete the modules in any order and receive certificates of completion.
- Promote your commitment to COVID-19 prevention and control with a "Kudos Kit," available through Mountain Pacific.

[CMS Targeted COVID-19 Training for Frontline Nursing Home Staff and Management Kudos Kit](#)

[QSEP - Driving Healthcare Quality \(cms.gov\)](#)

HEALTHCARE ACADEMY

- American Health Care Association (AHCA) and National Center for Assisted Living (NCAL)
- Infection control certificate program including eLearning modules and competencies
- Courses can be assigned depending on focus
- Includes COVID-19 guidance

[HealthCare Academy - AHCA/NCAL Infection Control Certificate Program](#)

HEALTHSTREAM

- **HealthStream** works with health care organizations to create engaging and high-quality training videos for your staff and management.
- Evidence-based programs that help promote quality outcomes
 - **ALEA Senior Care Complete:** Meets current annual training requirements
 - **Home Care Pulse:** Training for care providers and office staff, including more than 200 courses for post-acute care

[HealthStream - Healthcare Workforce Solutions](#)

RELIAS ACADEMY

Topics include:

- Infection control and prevention
- Home health
- Process and outcomes
- Hand hygiene
- Isolation and cohorting
- Occupational Safety and Health Administration (OSHA) fundamentals

[Relias Academy - Healthcare Continuing Education Courses](#)

PROJECT FIRSTLINE

Project Firstline, created through the Centers for Disease Control and Prevention (CDC), includes:

- Videos regarding infection control, including COVID-19
- Toolkit on becoming an infection control trainer
- Multimedia resources
- Resources also available in Spanish
- Free training

[Project Firstline - Infection Control and COVID-19 \(CDC\)](#)

Resources:

[It's Worth a Shot Session 37: CMS Staffing Measures and Approved Infection Control Trainings - September 28, 2022](#)

[CMS Page 852 F945 - State Operations Manual](#)

