Gradual Dose Reduction: Lessons from the Field

Part 2: April 5

Partner Spotlight: Wind River Rehabilitation & Wellness

2:30 PM MDT
Introductions

Partner Spotlight:

Wind River Rehabilitation And Wellness

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Pharmacoeconomics
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What’s ahead?

• Why the continued focus?
• Partner Spotlight: Wind River Rehabilitation and Wellness
• Interdisciplinary Team Approach (IDT) Highlights and Tips
• Ask a Pharmacist
Why are we focusing on this?

- Aim to enhance the quality of life for our elders
- Protect from substandard care
- Promote person-centered care for every nursing home resident
- Provide support and education
Here’s the why once more...
Partner Spotlight:
Wind River Rehabilitation and Wellness
GDRs
Gradual Dose Reductions
Yes, these are on our minds

History of misuse!

Mindful of folks with dementia

Black box warnings

Centers for Medicare & Medicaid Services (CMS) class concerns
Some things that have worked in our center…

• Use the bed board
• Break down resident list by week and meet with “team”
• Who’s on the team?
  – DNS, SSD, MDS, at least… ED, LN (who is on the floor in that hall)
  – CNA
• Just getting medical director onboard; review at QAPI meetings
• Is this for real? With all the staffing issues, yes!
• Reasons behind how important input is
What happens at the meetings…

- Review medication list
- Review month’s behaviors
- Review any staff input*
- Ensure each medication has behavior tracking

*Side note: Behaviors do not always get charted!
What happens at the meetings… (cont.)

- Review pharmacy consult notes
- Make a note
- Gather all information for MD
Getting the MD’s buy-in

Whew! This has been trying…

- Monthly pharmacy consult
- Face-to-face
- Just get the medical director onboard
- Hand out regulation… with a smile!
A couple tricks

Stories about residents with successful GDR

Remind MD: We are the ones who deal with the resident.

Get families onboard.

Don’t forget non-medical interventions/activities!
Questions?

Thank you, Wind River Rehabilitation and Wellness!
Strategies for the Team

Geriatric Educational Resources

- Offer training
- Implement programs
- Learn from other facilities
- Family educational offerings
Strategies for the Team

Clinical Tools

- Review nursing process
- Situation-Background-Assessment-Recommendation (SBAR)
- Develop policies
- Medical director involvement
- ALL team effort
- Pharmacy partners
Ask a Pharmacist
Quality Measure Tip Sheet
https://www.mpqhf.org/QIO/quality-improvement-tools-resources/nursing-home-quality-improvement-tools-resources/

Antipsychotic Use by State

F-Tag of the Week
https://cmscompliancegroup.com/2017/10/06/f758-unnecess-psychotropic-prn/

Antipsychotic Reduction Resident Prioritization Tool
https://nhqualitycampaign.org/tag/antipsychotics/

Antipsychotic Medication Tool Kit (Texas): Included Educational Resources