



# Adverse Drug Events Newsletter Vol. 4

**Welcome back to our email series focused on adverse drug events (ADEs).**

This week's focus is adverse drug events in people with diabetes related to their medication. One of the most common adverse drug events in these patients is hypoglycemia. Some medications and insulin put patients at the highest risk of experiencing hypoglycemia.



## Welcome

Do you know someone with diabetes? Chances are you do, considering about 34.2 million (or 1 in 10) Americans have diabetes. The 2020 National Diabetes Statistics Report also estimates that about 1 in 5 people with diabetes do not know they have it.

One of the ways to manage diabetes is by taking medication. Oral medications as well as injectables like insulin, help keep blood sugar under control.

When prescribed by a primary care provider, insulin can be effective in managing blood sugars. However, for some patients, it can be challenging and even dangerous. Hypoglycemia, or low blood sugar, is a life-threatening condition that can cause serious harm if not treated quickly.

Learn how to prevent this adverse drug event by knowing more about:

- Hypoglycemia: its signs, symptoms, causes, prevention and treatment

- Insulin: the different types, when to take it, how to take it and how it needs to be stored
- Blood sugars: how to monitor, especially by using a continuous glucose monitor (CGM)

Organizations like the American Diabetes Association (ADA) and the Association of Diabetes Care and Education Specialists (ADCES) have a plethora of information as well as opportunities to connect with diabetes advocates and educators.



## General Resources

Insulin guidelines, resources and more all in one easy location.

### General Tools

- [Reduce Adverse Drug Events Involving Insulin](#)
- [Adverse Drug Events from Insulin](#)

### Clinical Tools for Primary Care Providers

#### ADA Standards of Care in Diabetes - 2022

- [Section 6: Glycemic Targets](#)
- [Section 7: Diabetes Technology](#)
- [Section 9: Pharmacologic Approaches to Glycemic Treatment](#)

#### ADCES

- [Hypoglycemia Resources for Health Care Professionals](#)

#### Diabetes Technology Resources

- [Danatech for Health Care Professionals](#)
- [Continuous Glucose Monitoring](#)
- [Expanding Medicaid Access to Continuous Glucose Monitors](#)



## Resources for Patients

Here are tools, videos and more you can share with patients and families.

- [Taking Control of Diabetes \(TCOYD\) Material and Videos for Both Patients and Providers](#)
- [CGM Pocket Guide](#)
- [Diabetes Device Technology](#)
- [Insulin Injection Know-How](#)
- [Know Hypoglycemia Resources](#)

#### ADA Resources

- [Blood Sugar Testing and Control](#)
- [Low Blood Glucose \(Hypoglycemia\) Symptoms and Treatment](#)

## ADCES Resources

- [Resources for People Living with Diabetes](#)

## Institute for Safe Medication Practices (ISMP)

- [\(ISMP\) Insulin Safety Center](#)
- [Insulin Learning Guides](#)

## Mountain-Pacific Quality Health Hypoglycemia Zone Tools

- [Hyperglycemia and Hypoglycemia](#)
- [Diabetes Zone Tool](#)



## Articles and Studies

- [The Science of Diabetes Self-Management and Care](#)
- [National Estimates of Insulin-Related Hypoglycemia and Errors Leading to Emergency Department Visits and Hospitalizations](#)

**More  
Tools**



**Look for our next newsletter  
about strategies to reduce  
ADEs.**

Is there a resource you need? Let us know by emailing [knewland@mpqhf.org](mailto:knewland@mpqhf.org).

Do you know someone who would benefit from receiving these emails?  
Ask them to enroll by sending them this link:

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