

# Regional Community Coalition Updates

## Coalition Members

October 27, 2020





**Quality Improvement Organizations**  
Sharing Knowledge. Improving Health Care.  
CENTERS FOR MEDICARE & MEDICAID SERVICES



**Mountain-Pacific**  
*Quality Health*

**Welcome and Thank You!**  
Mountain-Pacific Quality Health Leadership



# Coalition Showcase

## PFAC and Being a Powerful Partner

Crystal Morse and Nicole Ziehl



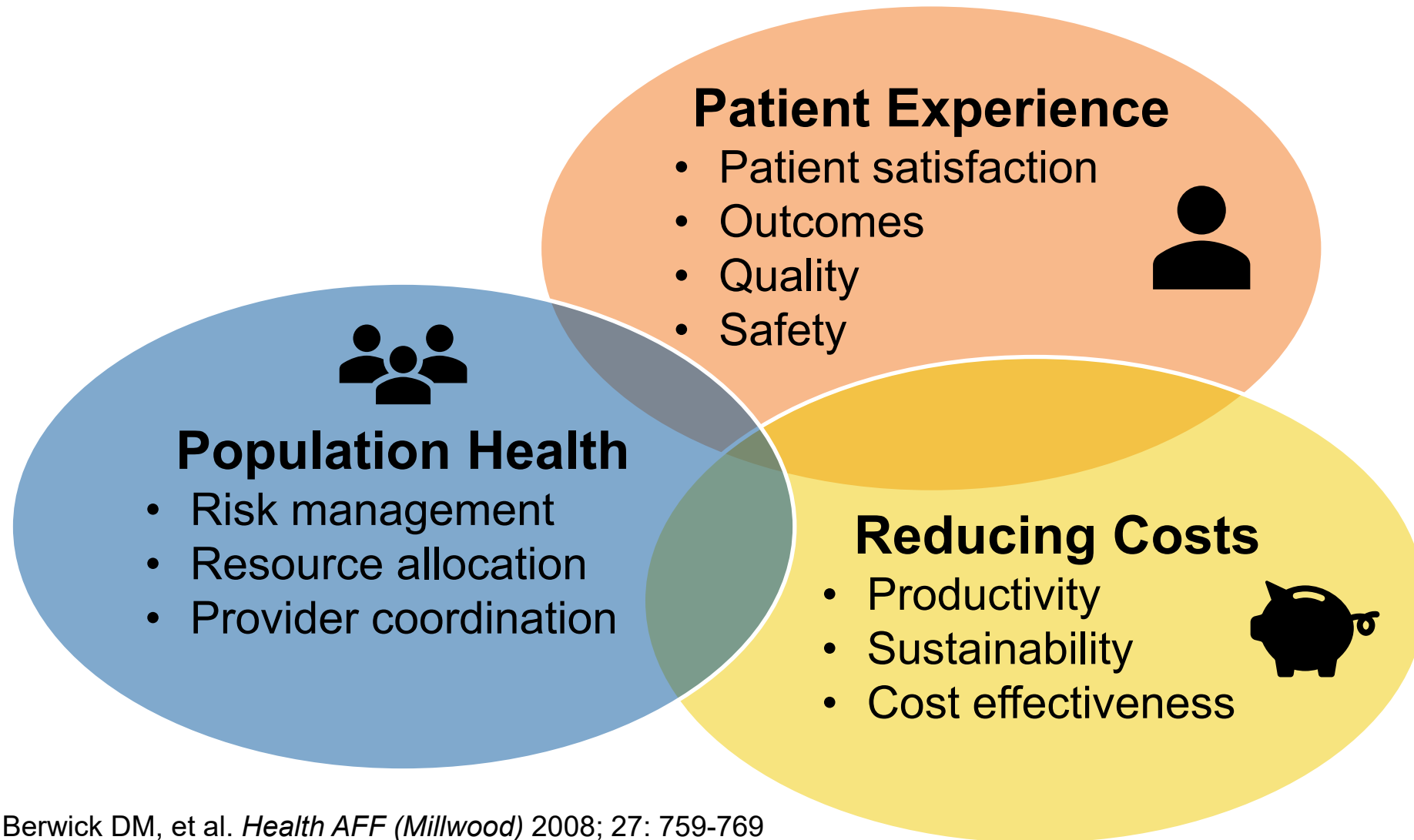


## WHY I CARE?

This picture was timely taken in the most difficult moment of my caregiving journey. Central Wyoming Hospice wanted to use our family in promotional ads and took some photos in our home.

The battle scars on her hand now represent her struggle with dementia, and the holding on to me shows our connection.

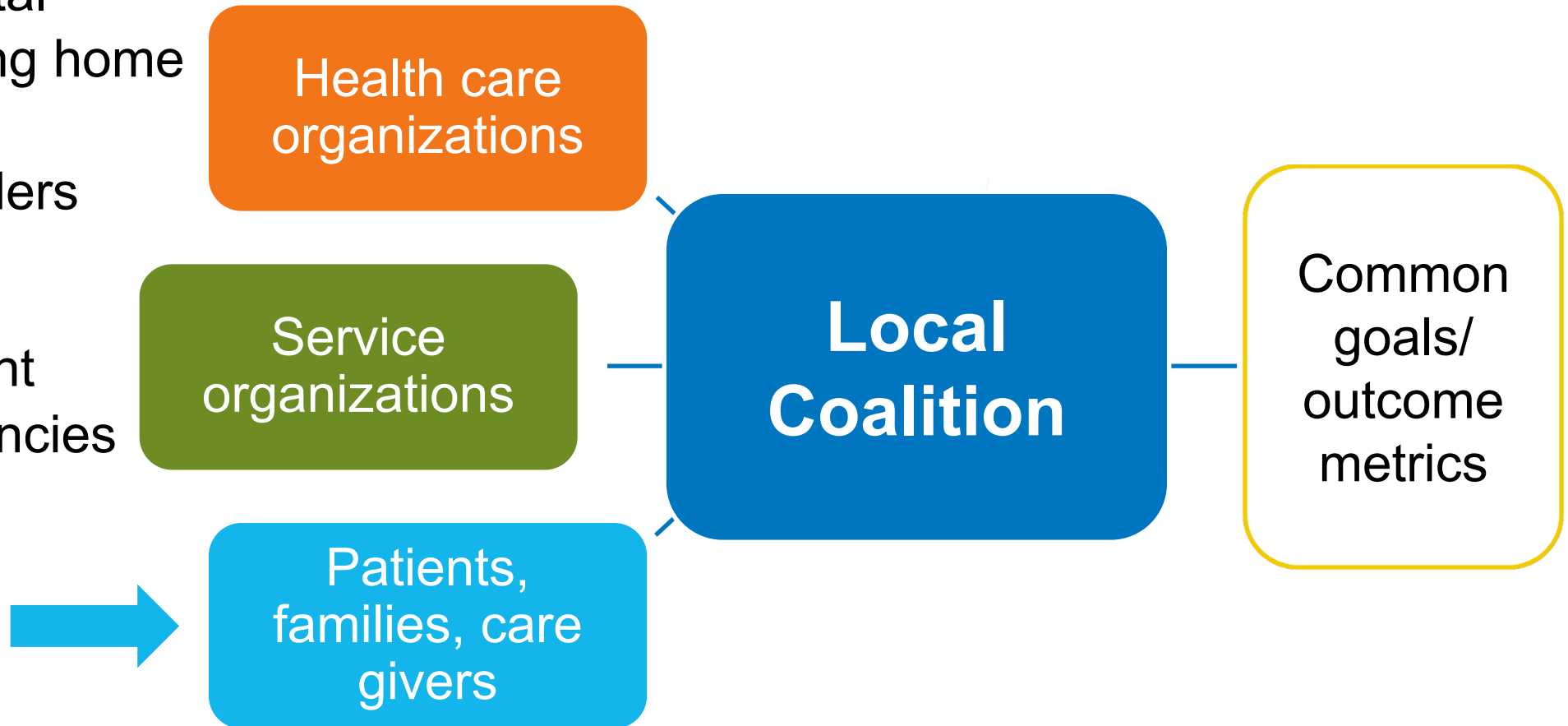
# Triple Aim in Health Care



# Local Coalitions

- Hospital
- Nursing home
- Clinic
- Providers

- Social services
- Law enforcement
- City/county agencies



# Questions and Discussion




# Coalition Showcase

Alaska Opioid Task Force

Kyla Newland and Stephanie Stillwell







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# Southern Kenai Peninsula Opioid Task Force

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Stephanie Stillwell, BSN, RN

October 27, 2020

Mountain-Pacific Quality Health  
Regional Coalition call

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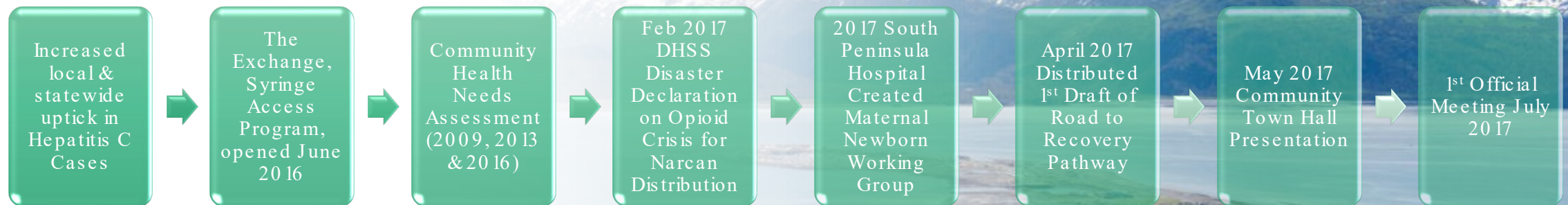
# Why Did We Start?

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- To create intentional connection & dialogue between community partners and community members about substance misuse
- Responding to the community: “Where to get help?”
- Responding to Community Health Needs Assessment
- Statewide (and national) data
- A need to assess current resources (local community and statewide) & identify gaps in treatment services



# Additional History of Opioid Task Force



When asked to rank the factors most negatively affecting the community, the top three responses were:

	2008 Perceptions Survey (834 responses)	2012 Perceptions Survey (454 responses)	2015 Perceptions Survey (649 responses)
1	Substance Abuse	Substance Abuse (79%)	Substance Abuse (97%)
2	Economic Costs	Economic Costs (54%)	Interpersonal Violence (96%)
3	Mental / Emotional Health	Mental / Emotional Health (52%)	Mental / Emotional Health (75%)



# The Southern Kenai Peninsula Roadmap for Success in Treatment and Recovery from Substance Use Disorder

# Where did we start? 2017



## WITHDRAWAL MANAGEMENT

**Homer**  
*South Peninsula Hospital, Emergency Department*  
4300 Bartlett Street  
Homer AK 99603  
907-235-8101

**Ninilchik**  
*Ninilchik Traditional Council Community Clinic*  
Outpatient Detox  
15765 Kingsley Road  
Ninilchik AK 99639  
907-567-3970

**Kenai Peninsula**  
*Care Transitions*  
Withdrawal Management  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521



## INTAKE ASSESSMENT & OUTPATIENT TREATMENT

**Homer**  
*The Center for Behavioral Health*  
3948 Ben Walters Lane  
Homer AK 99603  
907-235-7701

**CICADA**  
*(Cook Inlet Council on Alcohol and Drug Abuse)*  
1230 Ocean Drive  
Homer AK 99603  
907-235-8001

**Ninilchik**  
*Ninilchik Traditional Council Community Clinic*  
Medication Assisted Treatment  
15765 Kingsley Road  
Ninilchik AK 99639  
907-567-3970



## RESIDENTIAL TREATMENT

**Homer**  
*No residential treatment options available in Homer*

**Kenai Peninsula**  
*Serenity House*  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521

**Anchorage**  
*Salvation Army Clithroe Center*  
907-743-8733

**Chris Kyle Patriots Hospital (Veterans)**  
907-272-6206

**Dena A Coy**  
*(Pregnant women and women)*  
907-729-5070

**Juneau**  
*Rainforest Recovery Center*  
907-796-8690



## SOBER LIVING

**Homer**  
*No sober living facilities available in Homer*

**Kenai Peninsula**  
*Central Peninsula Hospital Diamond Willow*  
Long-Term Residential  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521

**Freedom House**  
Faith-Based Home for Women  
907-740-8018

**Nuk'it'un**  
Sober Living Home for Men  
907-398-6935



## ONGOING RECOVERY SERVICES

**Homer**  
*Alcoholics Anonymous*  
907-235-6822

*Narcotics Anonymous*  
homerkbna@gmail.com

**ADDITIONAL RESOURCES**  
*24 Hour Mental Health Crisis Management: 911*

*The Center for Behavioral Health*  
Monday-Friday  
8:30am-5:00pm:  
907-235-7701

*South Peninsula Hospital*  
After hours, holidays and weekends: 907-235-8101

*The Exchange*  
*Syringe Exchange & Free Narcan Kits*  
1st & 3rd Tuesdays, 5pm-7pm  
203 W. Pioneer Ave  
Homer, AK 99603



# And where are we today?

## All Things Addiction: An Interactive Road to Recovery Pathway



[Addiction – The Disease](#) [Prevention](#) [Resources](#) [SKP Opioid Task Force](#) [Contact Us](#)



# Strategic Plan



**Southern Kenai Peninsula Opioid Task Force  
Five-Year Strategic Plan (2025) &  
Operating Priorities (2020 & 2021)  
October, 2019**



<b>VISION</b>	A community free of opioid and substance misuse
<b>MISSION</b>	Fostering a connected community by empowering and engaging all individuals to create local solutions for opioid and substance misuse
<b>CORE VALUES</b>	Compassion ♦ Empathy ♦ Resilience ♦ Respectful Relationships Action ♦ Trust

**ENVISIONED FUTURE – By 2025, the Opioid Task Force envisions a community future in which we have been able to:**

- *Reduce stigma*
- *Focus on prevention*
- *Increase access to effective, affordable treatment*
- *Improve Task Force capacity*

# Task Force Work Groups

Ad Hoc:

\* Data Work Group

\* Leadership Work Group



Prevention



Treatment



Community  
Outreach



Policy

# Treatment Work Group

- Continues to assess & update local treatment resources
- Worked to update the resources on our website
- Created Quick Resource Guide for distribution (Homer Food Pantry, Project Homeless Connect)
- Identifies gaps and works toward facilitating gaps

## Strategic Operating Priorities

Reduce Stigma

Focus on Prevention

Increase Access to Effective, Affordable Treatment

Improve Task Force Capacity

Create a Treatment Work Group with responsibility to develop a real-time, updateable resource inventory, assess existing gaps and obstacles, and begin facilitating filling those gaps

Focus on the "Road to Recovery" to include increasing family, peer support, clinical services, greater access to sober activities, improving community awareness on where to send/refer for treatment

Ensure the Task Force website functions as an updateable, user-friendly resource hub for people seeking treatment  
Incorporate a "Where to Get Help Now" or similarly-titled button on the Task Force website

Explore making an insert for the local paper based on the "Road to Recovery"





## Treatment Group Next Steps

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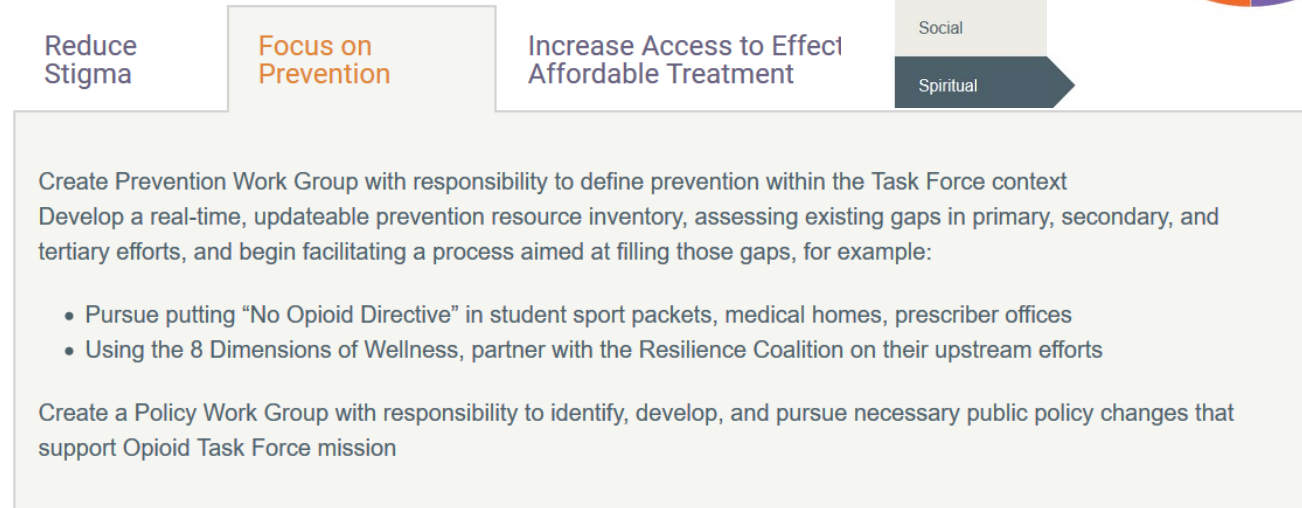
- Goal to have full continuum of care on the Southern Kenai Peninsula:
  - Dedicated Detox Facility on Southern Kenai Peninsula
  - Sober Living & Recovery Residences



## Prevention Work Group:

- Created Prevention Gap Analysis
- Priorities :
  - Voluntary Non-Opioid Advanced Directive
  - Pharmacy Partial Fill for controlled substances
  - Alternative Pain Management Pathway: Through the lens of the 8 Dimensions of Wellness

## Strategic Operating Priorities



### Voluntary Non-Opioid Advanced Directive:

- Helps prescribers and patients begin a dialogue of substance use history.
- May prevent inadvertently offering certain controlled substances to those who could be adversely affected.
- Allows for a patient to proactively inform their physician that they do not wish to receive opioids for any reason.



# Data Sources (And New Data to Explore)

New Data for 2019-2020 Needs to be assessed:

- 2019-2020 Local [Community Health Needs Assessment](#)
- ED Needs Assessment for Addressing Opioids Misuse and Addiction in Alaska. <http://dhss.alaska.gov/dph/Director/Pages/opioids/responseresources.aspx>
- The Economic Costs of Drug Misuse in Alaska (2019 update). <https://alaskamentalhealthtrust.org/news/trust-releases-updated-reports-on-the-costs-of-drug-and-alcohol-misuse-in-alaska/>
- YRBS <https://www.cdc.gov/healthyouth/data/yrbs/index.htm>
- Alaska Statewide Opioid Action Plan <http://dhss.alaska.gov/osmap/Pages/action.aspx>
- Community driven data (and subjective):
  - The Exchange
  - Active Users Group
  - Parent to Parent Support Group
  - Stories (Stories over Statistics has been extremely powerful)



# Events & Outcomes

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**Destigmatization**

**More Treatment Resources!**

**Harm Reduction**

light the night walk  
mapp meetings anonymous people film  
national presentations  
peer support trainings statewide connections  
grief workshop 8 dimensions of wellness  
kbbi coffee table road to recovery pathway destig cinema  
homer harbor fest community conversations  
peer support groups the exchange fundraiser website creation  
salmonfest sober tent  
social media campaign  
guest presentations stories of recovery

**Prevention**

**Community Education & Outreach**

## New drug prevention program comes to Homer Middle School

By AARON BOLTON • OCT 3, 2017



Homer Middle School.

Students at the Homer Middle School participated in a new drug prevention program this week. The initiative aims to teach students that addiction is a preventable disease.

The Kenai Peninsula Youth Court helped put the curriculum together.



Signs with positive messages about overcoming addiction stigma and celebrating recovery rest on a picnic table before Homer's first Light the Night march Saturday, Sept. 29, 2018 at WRFL Park in Homer, Alaska. (Photo by Megan Pacer/Homer News)

## Light the Night marchers bring addiction and recovery into the light

By Megan Pacer  
Thursday, October 4, 2018 2:11pm



A few dozen residents and their children worked to shine a little brighter light on substance abuse Saturday at Homer's first Light the Night march.

Hosted by The Bearded Sister, Mobilizing for Action through Planning and Partnerships of the Southern Kenai Peninsula, and the Southern Kenai Peninsula Opioid Task Force (which is a group within MAPP), the event involved a gathering at WRFL Park followed by a march through town.



## Point of View: There can be hope for recovery from addiction — lots of hope

## In Brief: Syringe exchange program starts Tuesday

Thursday, June 16, 2016 3:51pm

NEWS LOCAL NEWS



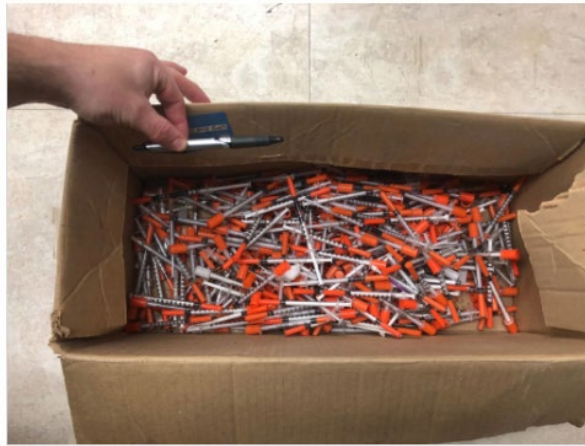
A pilot syringe exchange program, The Exchange, starts with its first event from 5-7 p.m. next Tuesday, June 21, at the South Peninsula Hospital Training Center at 203 West Pioneer Avenue. The project will take place in the southwest corner of the building. The Exchange will be offered 5-7 every other Tuesday. The Exchange is established and operated by a group of individuals and agency representatives in the Homer area that support the idea of harm-reduction and safer drug use as a means of making our community a safer place to live. The primary goal of The Exchange is to reduce the spread Hepatitis C, HIV/AIDS, and bacterial infections among intravenous drug users by exchanging used needles and syringes for clean ones. During their visit participants in the program will be offered various health, treatment and recovery related information, as well as rapid on-site testing for Hepatitis C and HIV. Dr. Sarah Spencer, a local doctor board certified in addiction medicine, will be overseeing this project. Certain nonidentifying information is recorded for statistical and funding purposes only (including gender, age range and zip code). All information is kept entirely confidential.



“The Exchange” has been distributing about 3,000-5,000 syringes per month  
 Last week, 4,000 syringes accepted for disposal  
 \*2018\*

Box of dozens of used syringes turned over to Homer police  
 Updated 8:30 am CDT, Friday, September 28, 2018  
 HOMER, Alaska (AP) — A Homer-area resident turned over to police a box containing more than 100 used syringes collected on the small peninsula jutting from the town, police said.

Homer, Alaska  
**HOMER NEWS**  
 News Sports Features Opinion Community Calendar



A citizen turned in this box of about 120 syringes, shown here Sept. 19, 2018, collected behind the Homer Marine Terminal on the Homer Spit on Sept. 11 in Homer, Alaska. (Photo provided/Homer Volunteer Fire Department)

Box of syringes collected on Spit



Two kits of the drug Naloxone, commonly called Narcan, rest on a picnic table before a Light the Night march Saturday, Sept. 29, 2018 at WKFL Park in Homer, Alaska. The kits are used to reverse the immediate effects of an overdose and can buy patients extra time to get to a hospital to be treated. (Photo by Megan Pacer/Homer News)

Narcan Opioid Overdose Prevention Training for All Service Industry Employees



# Questions and Discussion



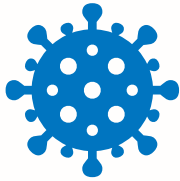
# Coalition Showcase

Billings Community Coalition

Alona Jarmin and Dave Wanzenried



# COVID-19 and Coalitions



Members needed to prioritize and pay attention to the pandemic



Focus on revitalizing coalition and getting feedback during COVID-19



Created coalition blog



Focused coalition meetings on issues that matter right now

# Coalition Guest Speakers

March 2020	<b>John Felton</b> , Chief Health Officer, Yellowstone County and CEO, RiverStone Health
April 2020	<b>Dr. Greg Holzman</b> , Chief Medical Officer, Montana Department of Public Health and Human Services
May 2020	<b>Todd Harwell</b> , Administrator, Public Health and Safety Division, Montana Department of Public Health and Human Services
June 2020	<b>Erika Araos</b> , Communicable Disease Epidemiologist, Montana Department of Public Health and Human Services
July 2020	<b>Dr. Amy Schuett</b> , Medical Director and Chair, Department of Psychiatry, Billings Clinic
Aug 2020	<b>Carla Cobb</b> , Psychiatric Pharmacist
Sept 2020	Cancelled
Oct 2020	<b>Dave Wanzenried</b> , Medication Management and Safety: A Guidebook for Older Adults

# Coalition Project

## Medication Management and Safety Guidebook for Older Adults

The process has yielded several outcomes:

- Participants now have their fingerprints on the document
- Ownership
- Invested in coalition and its work
- Pride in process and outcome(s)
- Identity of coalition raised and strengthened
- Teamwork
- Use of Patient Family Advisory Council

# Questions and Discussion

**Dave Wanzenried**  
[billingscare2020@gmail.com](mailto:billingscare2020@gmail.com)



# What's New with Mountain-Pacific



Nursing home  
TIC Talks



COVID and  
Chronic Disease  
regional LAN

- ABCS survey
- DPP recruitment
- MT/WY State  
Chronic Disease  
coalition



Care transitions/  
care coordination  
workgroup –  
4Ms?



Education/affinity  
group opportunities  
from data wish list

- Data trainings
- CMS baseline data  
updates
- Website revamp  
process



**Quality Improvement  
Organizations**  
Sharing Knowledge. Improving Health Care.  
CENTERS FOR MEDICARE & MEDICAID SERVICES



**Mountain-Pacific**  
*Quality Health*

# Next Regional Coalition call

Coalition Members

January 26



# Questions? Comments?

Next regional member call:  
Tuesday, January 26th  
12:00 PM HST | 1:00 PM AKST | 3:00 PM MST