

Opioid Use in Long-Term Services and Supports Online Modules

The overarching purpose of the Utah Geriatric Education Consortium's interprofessional Opioid Use in Long-Term Services and Supports online modules is to educate students, health care providers and long-term services and supports staff about appropriate opioid use in the nursing home resident population.

Module topics and objectives include:

Module 1: Opioid use in long-term care

- Summarize the prevalence of pain and opioid use in long-term care.
- Review the complexities and potential ill effects of long-term informal caregiving.
- Address family's role in supporting the goals of the facility provider's recommendations.

Module 2: Opioids and risks in older adults

- Summarize risk factors for opioid toxicity associated with older adults, including polypharmacy, comorbidities, drug interactions, and physiologic changes
- Identify factors to consider when prescribing opioids in older adults

Module 3: Opioid use in older adults with dementia

- Summarize the incidence of opioid prescribing in LTC in persons with dementia
- Identify risks of opioids use in persons with dementia in LTC
- Describe how to assess pain in persons with dementia

Module 4: Recommendations and strategies for opioid use in older adults

- List select key guideline recommendations relating to prescribing opioids in older adults
- Formulate strategies to minimize risk of opioid toxicity in older adults

The modules each take about 20 minutes to complete. Instructions for delivering the modules as a group educational activity are included.

Module 5: Applying opioid wisdom to long-term care

- Discuss opioid stewardship strategies in nursing homes
- Describe an approach to minimize the risk of adverse events, dependency and diversion

Module 6: SBIRT- A hammer or screwdriver? Choosing the right tool

- Describe an approach for screening for alcohol and other drug problems
- List available resources for screening tools

Module 7: Non-opioid pharmacological & non-pharmacological pain management techniques

- Identify recommended non-opioid pharmacological interventions
- Identify evidenced-based non-pharmacological interventions
- Review connection between depression and pain in older adults
- Identify ways to screen for depression and anxiety in LTC

Module 8: Motivational Interviewing

- Identify the differences between traditional and patient-centered patient education
- Describe the worst and best case scenarios in behavior change counseling
- Apply motivational interviewing principles and strategies to a case study

To access the modules, visit
[www.utahgwep.org/trainings/managing-opioid-use-](http://www.utahgwep.org/trainings/managing-opioid-use-in-long-term-services-and-support)
[in-long-term-services-and-support](http://www.utahgwep.org/trainings/managing-opioid-use-in-long-term-services-and-support)