An effective Quality Assurance and Performance Improvement (QAPI) program helps prevent adverse events at your facility before they happen. You can use QAPI to help provide quality services and to meet data requirements Centers for Medicare & Medicaid Services (CMS) is monitoring. Because remember: Your data are more than numbers. They are our parents and grandparents. They are people!

Could all of this be avoided with one preventive step?

- Resident is prescribed antipsychotic medication.
  - Increase in antipsychotic use
  - Groggy from meds, resident loses balance and falls.
  - Increase in falls with injury
  - Resident’s hip is broken. Resident is taken to the hospital.

- Resident receives Foley catheter.
  - Reduction in activities of daily living (ADLs)
  - Resident is unable to do much and is fairly immobile.
  - Possible additional readmissions
  - Resident gets a urinary tract infection (UTI).
  - Increase in catheter-associated UTIs.

- Increased risk of:
  - Impaction
  - Fall
  - Incontinence
  - Illness
  - Weight loss
  - Increased work load

- Resident will not eat, is weak and put on pain medication.
  - Increased pain and risk of pressure ulcer

- Increased risk of:
  - Impaction
  - Fall
  - Incontinence
  - Illness
  - Weight loss
  - Increased work load
  - Risk of increase in turnover

= CMS Quality Measure

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